



iwalk International *in the* Walk to School **USA**

October 2010

Join children and adults around the world to celebrate the benefits of walking.

why walk?

International Walk to School is an annual event that promotes walking for several reasons:

- Physical activity
- Teaching safe walking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children

get started at:

www.walktoschool.org

and contact your local coordinator: