



# **iwalk** International *in the* Walk to School **USA**

**Wednesday,  
October 6, 2010**

**Join children and adults around the world  
to celebrate the benefits of walking.**

## **why walk?**

**International Walk to School is an annual event that promotes walking for several reasons:**

- Physical activity
- Teaching safe walking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children

**get started at:**  
**[www.walktoschool.org](http://www.walktoschool.org)**

**and contact your local coordinator:**